

Frequently Asked Questions

Program Basics

What type of program is Game Changers?

GameChangers is a faith-based recovery and discipleship program built on 12-step principles and biblical truth.

How long is the program, do I have to commit to a full year?

The full program is one year, and commitment duration is determined by several factors discussed in interviews. Please contact us for more information.

How intensive is the program?

Our program is highly structured with daily classes, work assignments, workouts, devotionals, and accountability.

What's the difference between Phase 1 and Phase 2?

Phase 1 is structured with a set daily schedule and close supervision. Phase 2 allows more freedom, responsibility, and preparation for life after the program. It can include part-time work, life skills/ training, and guidance to accomplish restoration of diplomas, licenses, or documentation.

Is this a licensed treatment center, or more of a faith-based discipleship/recovery program?

GameChangers is a 501-c3 non- profit, Christian foundation recovery program teaching men the value of living addiction free.

Admissions & Requirements

How do I apply or get into the program?

Your first step is calling us for an interview, followed by filling out our online application that can be found on our website, or <u>click here.</u>

Do I need a referral or can I come on my own?

No referral is needed, anyone is welcome.

Do you accept people straight from jail or court?

Yes we do.

Do you accept people who are on probation/parole?

Yes we do.

Do I need detox before entering, or can I come directly?

Detox is entirely dependent on the drug of choice, please call us for further information.

What if I don't have money are there payment plans, scholarships, or can I work it off?

Yes, we offer scholarship opportunities. Please call us for further information.

Do you take insurance?

No, we do not take insurance.

What on my background omits me from enrolling at GameChangers?

This will be discussed during the interview process, please call us for further information.

Rules & Lifestyle

What can I bring with me when I move in?

Basic clothing, toiletries, a Bible, and approved personal items. Our staff will give you a packing list, which can also be found on our website at the bottom of our 'Program' page.

What items are not allowed?

Drugs, alcohol, weapons, porn, unapproved electronics, and anything that could distract from recovery.

Can I bring my phone/laptop?

You'll turn them in at intake. They are not allowed in Phase 1.

When will I get access to my phone, and how often can I use it?

Limited, structured phone use is introduced in Phase 3 under staff supervision.

Can I smoke or vape while in the program?

Yes, it is allowed in designated areas. We sell vapes in the store on-site, but not cigarettes.

Do you allow caffeine/energy drinks?

Coffee and regular caffeine are allowed. Energy drinks are limited.

Can I bring my pet (like a dog)?

No pets are allowed.

Do I have to attend church services?

Yes, attending church and Bible-based classes is part of the program.

How much free time will I have?

There's some free time daily, mostly in the evenings and weekends, but the schedule stays structured.

What if I have a medical emergency?

Staff will make sure you get immediate medical care if needed.

Will my anonymity be protected?

Yes, confidentiality is respected. Your story stays private within the program.

What kind of recreational activities are available while I'm there?

Workouts, sports, outdoor activities, and group outings are included.

Can I get my GED while I am in treatment?

Yes, support is available for residents wanting to pursue their GED.

Family & Visitors

When can I start receiving visits from family/friends?

Visitation starts after completing the first 30 days of Phase 1.

What's the criteria for a visitor to be approved for visitation?

Visitors must be approved by staff, supportive of your recovery, and not actively using drugs or alcohol.

How often can my family visit?

Visits are typically allowed once a month during scheduled visitation hours.

Can my girlfriend visit?

Yes, if she's approved and supportive of your recovery. Boundaries are enforced.

How do family members stay in touch, letters, phone calls, email?

Letters are always welcome. Phone calls are allowed once approved in Phase 1.

Do you do family therapy or family days?

Yes, family days and counseling sessions are offered to involve loved ones in the recovery process.

Will I be able to get phone numbers out of my phone?

Yes, staff can help you safely get important contact info before your phone is stored.

Are children allowed at visitation?

Yes, children are welcome at approved visits.

What can be included in care packages from family?

Clothing, approved hygiene items, nicotine, books, snacks, and encouraging letters.

What cannot be included in care packages from family and friends?

No alcohol, drugs, weapons, explicit material, or unapproved electronics.

How do care packages need to be sent?

They can be mailed directly to the center or dropped off with staff approval.

What does the Family Coordinator actually do?

The Family Coordinator communicates with loved ones, helps schedule visits, guides families on healthy boundaries, and supports them during the recovery process. She is to be considered a liaison.

Work & Finances

Do you help residents get jobs?

Yes, we have connections locally in the community to help our residents secure work.

Do you require residents to work while in the program?

After phase 1 has been completed, residents are required to work in Phase 2 and 3.

Can I keep my current job while I'm in the program?

This is completely up to your employer as Phase 1 is an intensive treatment, discuss this further with your employer.

Do you take residents to court dates, doctor's appointments, or work interviews?

Yes

How much does the program cost?

Phase 1 \$800 per month
Phase 2 \$400 per month
Sober Living \$150 per week.
Call our hotline for further payment information.

Is housing, food, and transportation included in the cost?

Yes.

Are dietary requirements honored while I am in the program, ie. if I have Celiac Disease?

Yes, as long as they are medically necessary.

What if I am taking chronic medication, how do I get my refills each month?

There is a local pharmacy nearby, prescriptions can be transferred to for easy pick up that we will facilitate. Alternatively you can have your prescription shipped directly to GameChangers.

Spiritual & Recovery Support

What role does faith play in the program, do I have to be a Christian to attend?

Faith is central, we teach from the Bible and point to Christ as the solution. You don't have to be a Christian to attend, but you'll be expected to participate in all spiritual parts of the program.

Do you have Bible studies or devotionals as part of the daily schedule?

Yes, daily devotionals, Bible studies, and worship are built into the schedule.

How do the 12 steps fit into your approach?

We integrate the 12 steps with biblical principles. Residents actively work the steps with guidance from staff and sponsors.

Do I get a sponsor while in the program?

Yes, each resident is assigned a staff sponsor who guides them through the steps and provides accountability.

Do you address both addiction and mental health issues?

Yes, the program addresses addiction at its roots. We provide support for mental health needs and connect residents with outside professionals when needed.

Aftercare & Graduation

What happens after I finish the program?

Stay rooted in recovery. You will leave GameChangers with a brotherhood of men who are also walking in recovery.

Do you offer sober living or transitional housing after graduation?

Yes.

Do you stay connected with alumni?

Yes.

Do you help graduates find permanent jobs or housing?

We offer all resources that we have at our disposal.

Off-the-Wall but Real Questions

Can I date while in the program?

No.

Can I bring my car?

Nο

Do I get spending money?

Yes, if you have outside support but spending money is not included in the monthly amounts required to attend GameChangers.

What if I relapse while in the program?

You will immediately be dismissed for a period of at least 30 days.

Can I leave if I change my mind?

Yes.

Do you allow court-ordered participants only, or can voluntary people come too?

Any and all men seeking recovery from addiction are welcome.